



Curriculum Alignment with CBA Student Standards Instructions

Purpose of Template

The “Curriculum Alignment with CBA Student Standards Template” is designed to accomplish the following:

- List all activities that are delivered as part of the school counseling curriculum.
- Specific the CBA student standards with which individual school counseling curriculum activities are aligned.

Data Elements in the Template Header

This template contains a column in which your curriculum activities can be entered. In addition, it contains a column for each of the 12 CBA Student Standards in which you can indicate that the activity is aligned with that particular student standard. The standard columns are grouped by the four CBA constructs.

Activity	Motivation			Self-Direction			Self-Knowledge			Relationships		
	M1	M2	M3	SD1	SD2	SD3	SK1	SK2	SK3	R1	R2	R3

A blank copy of the template is provided in Appendix A. A copy of the CBA Student Standards is provided in Appendix B.

Step-by-Step Directions for Completing the Template

#	Action Step	Description
1	Complete the left column	– Enter the names of all your curriculum activities in the left column, one activity per row.
2	Indicate the CBA student standards with which the activity is aligned	– In each row, place a check, or shade, each cell corresponding to a standard with which the activity is aligned. Shading the cells is recommended for visual clarity.
3	Review results and update list	– Review results and consider updating your list to ensure full alignment between the curriculum and standards.

Appendix B

CBA Student Standards

Constructs	#	Standard Statements
		[As a result of the school counseling program, students are expected to know and do the following by the time they graduate from high school.]
Motivation	M1	Describe how their own motivation structure and patterns affect their current and future lives.
	M2	Articulate a positive vision of their future that motivates present behavior.
	M3	Consistently apply effective self-motivational techniques.
Self-Direction	SD1	Assess the factors responsible for their academic success and challenges and adjust their behavior accordingly.
	SD2	Demonstrate the self-direction, initiative and skills necessary for achievement and success.
	SD3	Maintain focus despite stress, anxiety and set-backs.
Self-Knowledge	SK1	Describe how their unique characteristics impact their current and future lives.
	SK2	Demonstrate how their skills and talents contribute to their success.
	SK3	Discuss how their values and interests inform their decisions and actions.
Relationships	R1	Engage in collaborative and mutually beneficial relationships to promote individual and group success.
	R2	Assess when they need help from others and seek assistance.
	R3	Demonstrate fairness, respect and equity in relationships with others.